

# A STUDY OF COMMUNITY RECREATIONS

—the present state and some problems  
of sports in Takashima-Chō, Nagasaki Prefecture—

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This study aims at preparing the material to improve the recreations of the people who live in some small islands.

## Summary

1. Generally speaking, men and women who live in this city spend a lot of time on work, but they don't spend enough time on leisure. Especially workers of the coal-mine work too long every-day.
2. Most of men and women want to leave this city except 30% people hoping to live in this city as long as they like.
3. Both men and women hardly spend their time on any sports. Only a few sports which they take are fishing, softball, volleyball, gymnastics and so on.
4. Both men and women want to practice some sports. Therefore they hope that some facilities for sports would be equipped. They also hope that their city would make some plans of the chief events of sports and give a lead to them.