

A STUDY ON RECREATIONAL ACTIVITY OF HIGH SCHOOL

– State of affairs and problems of athletic meeting and physical education festival in high school of Fukuoka Prefecture –

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State of affairs and problems of athletic meeting and physical education festival were investigated on object of 102 high schools of Fukuoka Prefecture. Results of this investigation were concluded as follows:

1. At 87 schools (85.3 %) athletic meeting and physical education festival were held every year.
2. At 82 schools (80.4 %) the season for these programs was September and October, and it's frequency at 66 schools (64.7 %) was once a year.
3. One half (at 44 schools 43.1 %) was held on week day, last half (at 42 schools 41.2 %) on week end.
4. Main objects of these programs at high school were social fitness through mass games.
5. For planning and management to hold these programs co-works with students and teachers.
6. One half of program contents was competition event, last half was recreational event.