

## A SURVEY ON RECREATIONAL EDUCATION

- Study of the text books on Health and Physical Education at junior and senior High Schools and on lectures on Recreation at Universities -

by

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Japan has been treading a very varied road since World War II. For example, she has experienced the powerful growth of her economy during the 1960s and the era of dwindling natural resources which started with the oil crisis in 1973.

It is doubtful if the concept of recreation has taken root in the varied situation in Japan and whether recreational activities have become a part of school education. It is presumed that to analyze the above two points would be helpful as a preliminary to promoting recreational activities in Japan.

The following steps were taken to accomplish the above purpose:

1. Analysis and examination of health and physical education text books at junior and senior high school.
  - a. Four main text book publishers were chosen for junior high school
  - b. Eight were selected for senior high school.
2. Survey for lecture of recreation at university and junior college
  - a. 383 universities and junior colleges were selected and 178 replied to our questionier.

The new concept of education is described in fundamental law of education in Japan that the school education has the purpose to bring up human nature at school. Recreation education is based on the same purpose as the new concept of education. However, nowadays this concept is prevented by examination system in Japan. Lack of independency and creativity of students have been increasing by this system. This is discrepancy of education between concept and system.

If the recreation education is aimed at the growth of human nature, it is requested to find out the problems which would be occurred on the educational system, and to establish the firm concept of recreation at school education. It is desired to research the unchangable concept of recreation and pursue the relationship between school education and system.

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