

ANALYSIS OF THE FACTOR TO DEVELOP  
PHYSICAL RECREATION

- Using the Method of Hayashi's Theory -

by

Hirohide Yoshinaga\*, Shinshiro Ebashi\*\*  
Yutaka Kumeno\*\*\* and Jin Shimazaki\*\*\*\*

The purpose of this study was to clarify the characteristics of whether or not to participate to sports activities by using the method of analysis developed by Hayashi's theory.

The datas were used from the survey of conciousness of community people in the designated district which was made by Ministry of Education in 1973.

The outlines of the result are as follows:

1. The factors in term of whether or not to participate to sports activities are:
  - a. Psychological factor was the largest weight
  - b. Sex age and health condition followed it. Educational background and "free-time" were relatively showed a large weight.
2. There should not be prescribed those who are interested in watching sports to those who participate sports activities.
3. The factors of whether or not to participate to sports activities are influenced by economical aspect.
4. Information system should be formed for sports and recreation facilities.
5. This study would be predicted whether or not to participate to the sports activities.

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\* Osaka College of Physical Education  
\*\* Tokyo University  
\*\*\* Tsukuba University  
\*\*\*\* Ministry of Education