

FUNDAMENTAL RESEARCH ON RECREATION EDUCATION
FOR SECONDARY SCHOOL

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This report is upon the survey on the recreation activities and the concepts of sports for the pupils of secondary school in Tokyo, as the first step to have fundamental vision for promoting recreation education. The results are found as follows.

- (1) In weekday, the pupils have few chance to play physical recreation activities. They pass their time studying or watching television after school. But they considerably enjoy recreation activities in holiday and vacation.
- (2) Except the school program, they have little area, program, or club service for sports in community.
- (3) On the other hand, they regard sports, main physical recreation activities, as serious than pleasant.

On the whole, they have poor recreation activities. Hereafter sports and outdoor activities which are planned and practiced with fellow should be promoted. And it is necessary to develop the project for recreation education, which should be taken charge of school, community and family. Especially, teacher should play a leading part in the project in Japan.