

A CASE-STUDY ON RESEARCH PROJECT IN PLANNING
OF PROMOTIVE PROGRAM OF SPORTS
AND PHYSICAL EDUCATION IN A COMMUNITY:(Part 2)

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The present investigation has been undertaken as an attempt to collect the basic informations for the planning of a rational program to meet the needs and demands of general citizens for sports and physical education.

An experimental program was conducted making the sports facilities of the university available to the citizens, following a study on the composition of life pattern in the community (Part 1). The methods of study employed were those of sociological survey.

The main theme of this research is to study on pattern of citizens' participation to the experimental program provided.

Results:

An experimental program was provided offering the facilities of the university made available to the public. The following results were observed:

- (1) The citizens living in the homes provided by the housing project of the city showed greater demands for participation than did the citizens living in private and other residences.
- (2) The participants are mostly children and their parents. Consequently, the group becomes bi-model in its constitution.
- (3) A trend was observed that the distance from the residence of the participants to the sports facility is an important factor in participation. 3 km. seemed to be the critical distance.
- (4) Approximately 30 minutes was considered as a critical time which is required for a participant to come to the program. Marked decrease of participants was observed beyond this critical time.
- (5) The morale of the participants is very sensitive to the influence of the leader.
- (6) The need for physical education is very much dependent upon the the expectation of the parents placed on the children.

From the observations as listed above, a considerable suggestions and informations were obtained for the future planning of the physical education programs in a community.